

### Claims

1. Use of an antimuscarinic agent for the manufacture of a medicament for oral administration of a pharmaceutically effective dose of the antimuscarinic agent when needed to a mammal with unstable or overactive urinary bladder, whereby a symptomatic relief of urgency and/or frequency is achieved.  
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2. The use as claimed in claim 1, wherein the antimuscarinic agent is one or more compounds selected from tolterodine and related compounds.
3. The use according to claim 2, wherein the compound is tolterodine or a pharmaceutically acceptable salt thereof.
- 10 4. The use according to claim 1, wherein the antimuscarinic agent is selected from oxybutynin, darifenacin, solifenacin, and pharmaceutically acceptable salts and derivatives thereof.
5. The use according to any of claims 1 to 4, wherein the mammal is a human.
6. The use according to claim 5, wherein the pharmaceutically effective dose is  
15 2 mg or 4mg of the antimuscarinic agent, administered as a controlled release tablet or capsule.
7. The use according to claim 5 wherein two pharmaceutically effective doses of the antimuscarinic agent are administered daily at an interval of 8-12 hours.
8. The use according to claim 7, wherein the pharmaceutically effective dose is  
20 1mg of the antimuscarinic agent, administered as an immediate release tablet or capsule.
9. The use according to claim 7, wherein the pharmaceutically effective dose is 1 mg or 2 mg of the antimuscarinic agent, administered as a controlled release tablet or capsule.
10. The use according to any of claims 1-5 or claims 7-9, wherein the  
25 pharmaceutically effective doses of the antimuscarinic agent are taken within the interval of 8 hours.
11. The use according to any of claims 1-5 or claims 7-9, wherein the pharmaceutically effective doses of the antimuscarinic agent are taken within the interval of 9 hours.
12. The use according to any of claims 1-5 or claims 7-9, wherein the  
30 pharmaceutically effective doses for the antimuscarinic agent are taken within the interval of 10 hours.
13. The use according to any of claims 1-5 or claims 7-9, wherein the  
35 pharmaceutically effective doses of the antimuscarinic agent are taken within the interval of 11 hours.

14. The use according to any of claims 1-5 or claims 7-9, wherein the pharmaceutically effective doses of the antimuscarinic agent are taken within the interval of 12 hours.

5 15. A method for treating unstable or overactive urinary bladder in a mammal, said method comprising orally administering to a mammal a pharmaceutically effective dose of an antimuscarinic agent and when needed, whereby a symptomatic relief of urgency and/or frequency is achieved.